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# **Basic British Scones**

Easy recipe for English scones that are simple to make in one bowl and ready to serve in less than 30 minutes. Perfect if you need a quick and easy treat for breakfast or have unexpected guests for afternoon tea. Serve with butter or clotted cream and strawberry jam.

Submitted by Angela Martini

Prep Time: 15 mins Cook Time: 10 mins Total Time: 25 mins

Servings: 12

Yield: 1 dozen scones

# Ingredients

2 cups all-purposé flour

1 teaspoon cream of tartar

½ teaspoon baking soda

1 pinch salt

1/4 cup cold butter, cubed

1/8 cup white sugar

½ cup milk, or as needed

2 tablespoons milk

# **Directions**

### Step 1

Preheat the oven to 425 degrees F (220 degrees C). Line a baking sheet with parchment paper.

## Step 2

Sift flour, cream of tartar, baking soda, and salt into a large bowl.

#### Step 3

Rub in butter until the mixture resembles fine breadcrumbs. Stir in sugar and enough milk to mix to a soft dough.

### Step 4

Turn dough onto a floured surface, fold over 2 or 3 times, then roll out to a 3/4-inch thickness. Cut into 2-inch rounds and place on the prepared baking sheet; brush tops with milk to glaze.

## Step 5

Bake in the preheated oven until scones are risen and golden on top, about 10 minutes. Cool scones on a wire rack.

# **Nutrition Facts**

Per serving: 124 calories; total fat 4g; saturated fat 1g; cholesterol 1mg; sodium 102mg; total carbohydrate 19g; dietary fiber 1g; total sugars 3g; protein 3g; calcium 19mg; iron 1mg; potassium 85mg

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